

Nourish Our Community



- **76%** of clients in our Wellness Program are HIV+
- **2,863** PLWHIV served in FY 2013-14
 - **185,386** meals
 - **58,269** grocery shops
- **80%** of clients live in SF (20% live in Alameda County)



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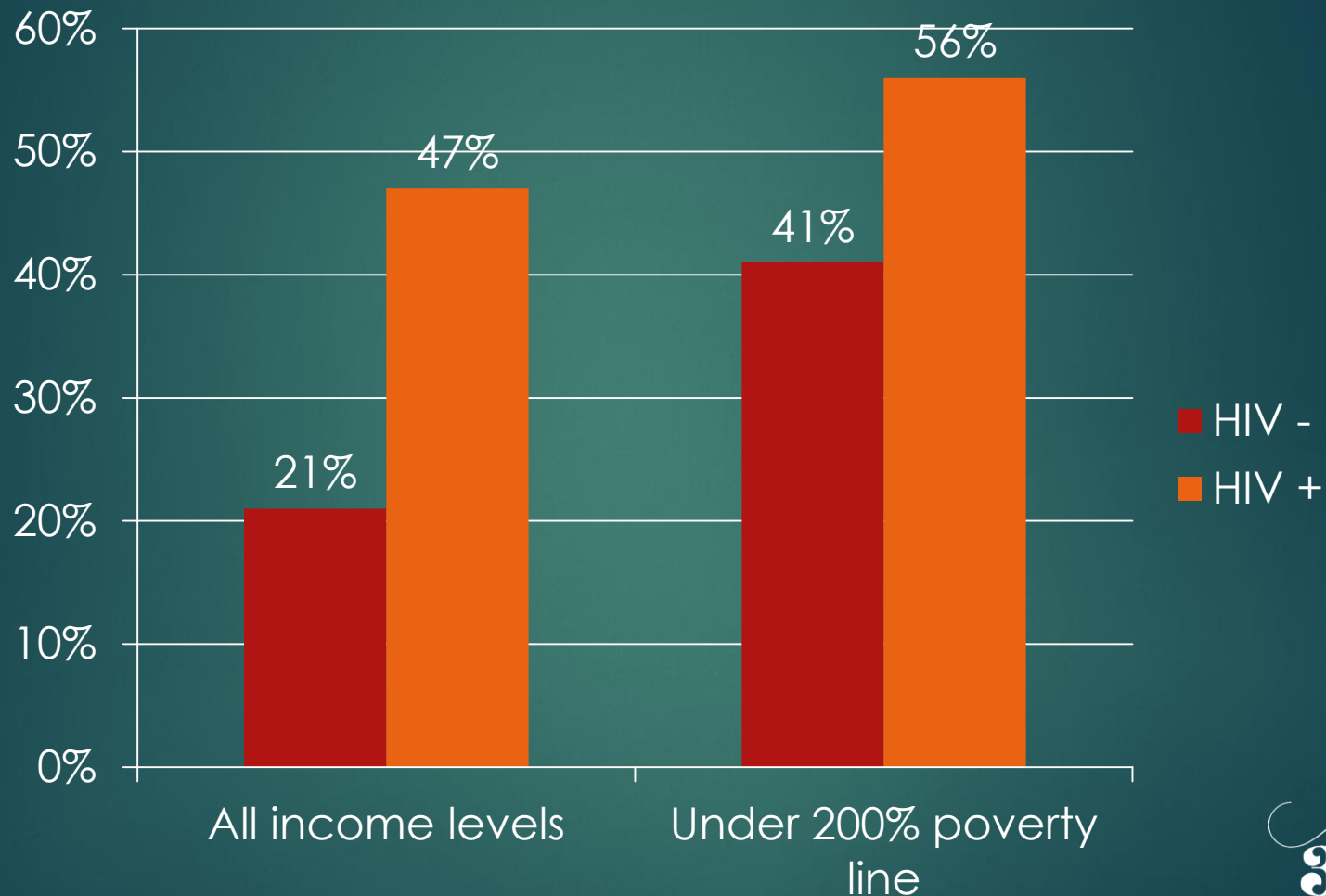
RWCA is vital to our work



\$1.2 million =
Nourishment for 605 clients in SF

- 23,000 meals
- 41,000 grocery shops

PLWHIV have higher rates of food insecurity



Source: Palar, Weiser et al (draft) National Health and Nutrition Examination Survey 1999-2008

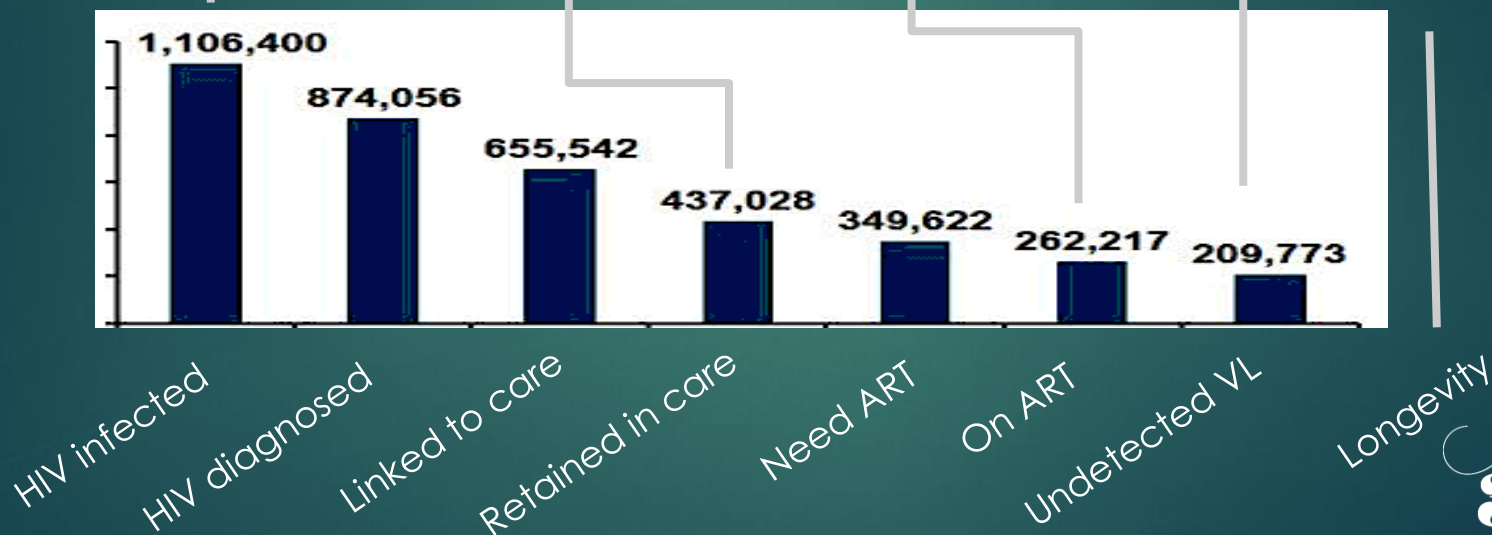


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Food insecurity has impacts along the HIV Cascade of Care

Food insecure patients are...

- * More likely to be HIV-infected ^a
- * More likely to miss clinic visits and be lost to follow up ^b
- * More likely to have lower ART adherence ^c
- * More likely to have lower VL suppression ^d
- * More likely to die earlier from HIV/AIDS ^e



a Vogenthaler 2012; b Weiser, 2012; Nash 2010;
c Kalichman 2011; d Wang 2011; e Weiser 2009.



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Sustaining Nutrition Services for PLWHIV



1. Demonstrate Food=Medicine through our pilot study
 - ▶ Increase nutrition to the sickest (2-3 meals/day)
2. Advocacy
 - ▶ Encourage Mayor Lee and Board of Supervisors to back-fill federal funding cuts for RWCA
 - ▶ Advocate for third-party reimbursement and nutrition via the Affordable Care Act

Sustaining Nutrition Services for PLWHIV



3. Diversify to other disease populations
4. Prioritize access for the sickest
5. Transition PLWHIV to other sources of nutrition and to sustainability/self-sufficiency



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ONE WAY

"If I ain't eating right and I am not feeling good, I ain't going nowhere. You know, say if it's a follow-up or something, I be like, 'Forget that.' Especially if I don't have no ride, you know?"

"Yes, I have [engaged in transactional sex]. Basically, you know, we have all done things that we are not proud of, but **for a meal you've got to do what you've got to do sometimes.** It's not the nicest thing, it's a shame. **But when your stomach's talking to you, you kind of give in to mercy.**"